

Beauty

Head to Toe

Grooming tips to keep you looking and feeling tip top from top to toe!



Nail it!
 Keep your nails looking perfect with this gorgeous varnish from Nails Inc (colour pictured, South Molten Street), a classic sheer pink gloss. Go to www.nailsinc.com to discover more delicious shades in this fantastic nail care range.

Protect & nourish

Nourish your hair for a sophisticated look with these **SEAH HAIRSPIN PRECIOUS PEARLE** from Schwarzkopf. This rich, leave-in concentrate smoothes and protects hair lengths and ends.



STAY HEALTHY!
PREGNACARE CREAM is a gentle massage cream, specially formulated to care for stretching skin during pregnancy. So now you can help to ease those unsightly stretch marks! By Vitabiotics. RRP £5.95.



MOUTH ULCER AND GUM SORE TREATMENT by Frador
 For painful sores and ulcers this amazing treatment gives prompt relief from pain and discomfort, protecting sores from saliva, bacteria and food to aid in healing. RRP from £2.49.



Stay Fresh!
 This Breast Cancer Awareness Month do your bit for a good cause and buy a 'pink' anti-perspirant. We love **BODY DEODORANT STICK** by Crystal. At just £4.99, it is made of natural mineral salts which are hypoallergenic, fragrance-free, non-sticky and non-staining. In addition it is paraben-free and contains no harmful aluminums.

A good hair day!

FREEZE & SHINE SUPER SPRAY WITH LIP GLOSS by Paul Mitchell
 Get gorgeous hair with a spray that provides a powerful, long-lasting hold, creates luminous shine and contains sunscreens for added protection. Buy a bottle of Freeze and Shine Super Spray which comes with a free glamorous phone-charm lip gloss. You just can't fail to look salon-fabulous! RRP £14.50



Finishing Touches

Groom your way to a flawless look.

ME MAKE-UP EYELASH CURLER
 Give your eyes the impression of being larger and with longer lashes by curling them. RRP £6.99.



SKIN ANALYSER by Nuresc
 The Skin Analyser detects the factors affecting skin condition: moisture, oil and softness, indicating what is required to achieve a perfect complexion. Available at Argos. RRP £19.99.



ME MAKE-UP NIGHT ON THE TOWN SET
 A make-up brush for every occasion! RRP £5.99.



Wild Rose Body Oil from Weleda smells divine, and with a percentage of the proceeds going to the Pink Ribbon Foundation you can feel and look great! www.welada.co.uk

