

LOOKS

You little beauty!

Christine Parsons on the best of what's new...



You smell nice!

Wake up and smell the fruit and flowers with these gorgeous new scented goodies...

Sweet Pea & Honeysuckle Luxury Shower Cream, £5.99, by Heathcote & Ivory (020 7935 1975 for stockists.)

Active Naturals Mango & Nectarine Body Butter, £3.99, from Sainsbury's.

N-spa Raspberry Milkshake Shower and Bath Gel, £2.95, from Asda.

Treat of the week...

Sally Hansen Lip Inflation, £5.95
Pump up the volume with this lip product from Superdrug and selected Sainsbury's. Guaranteed to tingle, thanks to ginger and cinnamon, in clear and three soft pink shades. Use it on its own or apply lipstick after it's set. Now pout, baby pout!



Main photo: Sanya Beauty

On test

Cracked-heel creams

Are your feet ready for sandals?

Lotil Cream, 50ml, £2.99
This rubs in easily, you don't need to use much of it and it's not at all greasy. In fact it's perfect to use on any dry spots, not just your feet! 8/10

Neutrogena Foot Cream, 40ml, £4.99
A lovely, rich cream that leaves skin feeling soft - and I started to see results from the first application. 8/10

Vesagex Heel Balm, 50g, £4.99
This started to make a real difference after just three days, and, as it also contains peppermint oil, it leaves tootsies feeling cool and refreshed. 9/10

Relief from dry, cracked, rough heels & soles of feet

heel balm

WITHIN 3 DAYS

Quickly softens hard skin
Breaks down and aids removal of black skin
Moisturises and refreshes
Improves appearance of feet

with refreshing PEPPERMINT OIL

Chat CHOICE



Ask Christine

Mum told me to put used tea bags on my eyes to reduce puffiness. Is she having me on?
Polly Owen, Northampton

No she's not! Wrap cold tea bags in tissue so they don't mark your skin, and place over each eye for five min. It's the tannin in the tea that helps to pull the skin taut and reduce puffiness. It feels even nicer if the bags have been chilled in the fridge. Or you could just treat yourself to a packet of **Skin Benefits Oriental Green Tea Eye Pads**, £2.49 for 10 (call 020 8559 8244 for stockists).



Got a beauty problem?

Just drop Christine a line... Write to: Parsons Knows, Chat, Blue Fin Building, 110 Southwark Street, London SE1 0SU. Christine is sorry but she can't reply personally.

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