

# Instructions For Use

## Easy One-Handed Operation Occludes Blood Flow In 5 Quick Steps

The C-A-T™ is Delivered in its One-Handed Configuration

This is the recommended carrying configuration



### 1 Insert the Wounded Extremity

Through the loop of the Self-Adhering Band



### 2 Pull the Self-Adhering Band Tight

And securely fasten the band back on itself



### 3 Adhere the Band Around the Arm

Do not adhere the band past the Windlass Clip™



### 4 Twist the Windlass Rod™

Until bright red bleeding has stopped



### 5 Lock the Rod With the Windlass Clip™

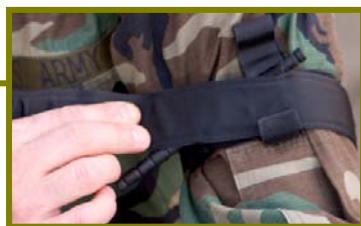
**Bleeding is controlled**



For added security and **always before moving a patient**, secure the Windlass Rod™ with the Windlass Strap™. For small extremities, also secure the Self-Adhering Band under the Windlass Strap™.

### 6 Adhere the Band Over the Rod

For small extremities, continue adhering the band around the extremity and over the Windlass Rod™



### 7 Secure the Rod and Band With the Strap

Adhering it to the opposite hook on the Windlass Clip™.  
**The C-A-T™ is ready for transport**



## Storing in the One-Handed Configuration

### 1 Pass 6" of the Self-Adhering Band

through the inside slit in the buckle, fold it back, and adhere the band to itself



### 2 Flatten the Loop of the C-A-T™

Formed by the Self-Adhering Band. Placing the buckle in the middle



### 3 Fold the C-A-T™ in Half

Placing the buckle at one end





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## Application To A Leg Or Trapped Extremity



Combat Application Tourniquet™

- 1 Route Band Around the Leg**  
 And pass the free-running end through the inside slit of the buckle
 
- 2 Pass Band Through the Outside Slit**  
 of the buckle. This Utilizes the Friction Adaptor Buckle which will lock the band in place
 
- 3 Pull the Band Tight**  
 And securely fasten the band back on itself
 
- 4 Twist the Windlass Rod™**  
 Until bright red bleeding has stopped
 
- 5 Lock the Rod With the Clip**  
 Bleeding is controlled
 
- 6 Secure the Rod With the Strap**  
 C-A-T™ is ready for transport
 

## Utilization of the Friction Adaptor Buckle

When using two hands to apply the C-A-T or if the Self-Adhering Band becomes exceptionally dirty, use the Friction Adaptor Buckle to lock the band in place

- 1 Pass Band Through the Inside Slit**  
 Of the buckle
 
- 2 Pass Band Through the Outside Slit**  
 Of the buckle. This will lock the band in place
 
- 3 Pull the Band Tight**  
 And securely fasten the band back on itself
 

### WARNING:




This product is intended for qualified medical professionals trained in the application of a tourniquet. It is not intended for the general public. Use only as directed by your EMS authority or under the supervision of a physician. Read entire Instructions For Use prior to using this product. Inappropriate application can result in serious injury or loss of limb. The use of any tourniquet is **A LAST RESORT** and should only be employed when bleeding cannot be stopped and the situation is life threatening.

### LIMITATION OF LIABILITY:

Phil Durango, LLC, its employees, agents, contractors, suppliers, and distributors shall assume no liability for injury or damages arising from the application and use of the Combat Application Tourniquet™ (C-A-T™). The user assumes all risk of liability.

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